

Artificial  
Ingredients,  
Additives,  
Preservatives

High-Fructose  
Corn Syrup

Fried Foods  
Mystery Meats

ALWAYS fresh  
NEVER frozen

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4-Star Schod  
Lunch Provider!



# November. Lunch. Menu.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>THERE IS <i>always</i> <b>ALWAYS</b> something to be <b>THANKFUL FOR</b></p>		<p>hello <b>FALL</b></p>	<p>1 Chef's Choice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>2 Cheese Quesadilla Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>
<p>5 Chicken Teriyaki w. Fried Rice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>6 <i>No School</i></p>	<p>7 Spaghetti &amp; Meatballs Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>8 Sloppy Joe Sandwich Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>9 Veggie Quesadilla Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>
<p>12 Baked Mostaccioli Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>13 Grilled Cheese Please! Roasted Tomato Soup Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>14 Baked Chicken Nuggets Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>15 4 Star Mac &amp; Cheese Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>16 Chicken Quesadilla Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>
<p>19 Spicy Chicken Sandwich Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>20 Thanksgiving Turkey w. Mashed Potatoes &amp; Gravy Green Beans Cranberry Sauce Ice Cold Milk Pint</p>	<p>21 <i>No School</i></p>	<p>22 HAPPY Thanksgiving</p>	<p>23 <i>No School</i></p>
<p>26 Meatloaf w. Mashed Potatoes Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>27 Corn Dog Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>28 Pasta Primavera Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>29 Chef's Choice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>30 Soft Shell Tacos Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>

Meals include fat-free skim or 1% milk



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

It's time to get your **GREEN** on!

questions? comments? brilliant ideas? we want to hear from you.