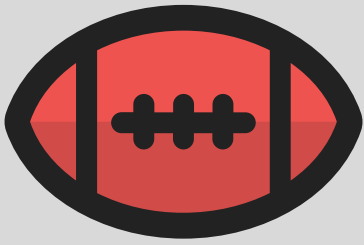


RHS RETURN TO ATHLETICS



The graphic below illustrates the sport, season, start date, and end date for the 2020-21 school year. Please keep in mind the seasons can and likely will be adjusted based on IHSA and IDPH regulations.

Contest limitations for all of the sports have been reduced, and contests must be played within an Illinois COVID-19 Region or within a conference. Additionally, spectator and group gatherings are subject to IDPH guidelines.



All athletes must turn in a current IHSA Athletic Physical prior to the start of any practice. All athletes also need to register for their respective sport on our registration page [here](#).

Please refer to the [Ridgewood Athletics Website](#) for the most updated and current information. Head coach contact information can also be found on the D234 website. Feel free to contact Athletic Director, Rob St. John (rstjohn@ridgenet.org) with any questions.

Athletic Team	Season	Start Date	End Date
Girls Tennis	Fall	August 10, 2020	October 24, 2020
Boys & Girls Cross Country	Fall	August 10, 2020	October 24, 2020
Boys Basketball	Winter	November 16, 2020	February 13, 2021
Girls Basketball	Winter	November 16, 2020	February 13, 2021
Competitive Cheer	Winter	November 16, 2020	February 13, 2021
Competitive Dance	Winter	November 16, 2020	February 13, 2021
Wrestling	Winter	November 16, 2020	February 13, 2021
Football	Spring	February 15, 2021	May 1, 2021
Boys Soccer	Spring	February 15, 2021	May 1, 2021
Girls Volleyball	Spring	February 15, 2021	May 1, 2021
Baseball	Summer	May 3, 2021	June 26, 2021
Softball	Summer	May 3, 2021	June 26, 2021
Girls Soccer	Summer	May 3, 2021	June 26, 2021
Boys & Girls Track	Summer	May 3, 2021	June 26, 2021
Boys Volleyball	Summer	May 3, 2021	June 26, 2021

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